



GET A FREE

GOUSTO BBQ BOX!

Promotion from 24 July to 17 September

Worth £45 with selected refrigeration and cooking appliances

Email address required at point of purchase. Delivery to majority of GB postcodes.
Subject to £2 delivery charge. See overleaf for details.



Our mission at Gousto is to make it easy to cook delicious and healthy meals at home with quality ingredients. Our customers choose recipes online and we deliver all the ingredients they need in measured portions with easy-to-follow recipe cards. Hassle-free home cooking!

WE'VE TEAMED UP WITH CURRYS TO OFFER YOU A FREE BBQ BOX THIS SUMMER!

The BBQ box contains everything you need to cook a scrumptious meal for 4 people on the BBQ at home (see overleaf for a full menu).
There will also be a selection of delicious treats from our friends at:



Clearspring



popchips™

dorset cereals®
honest, tasty and real

delicious.
MAGAZINE

healthyfood
PRACTICAL IDEAS FROM THE EXPERTS



WHAT'S IN YOUR BBQ BOX?

Pick a meat box and you'll get:



CHARRED MOROCCAN CHICKEN SKEWERS



British chicken breast - rice - fresh mint - fresh coriander - garlic - lemon paprika - turmeric - puy lentils - natural yoghurt - red onion - bamboo skewers

CHEDDAR CHEESE BURGER AND POTATO WEDGES



British beef - mature cheddar cheese Italian ciabatta - little gem lettuce - breadcrumbs - mayonnaise wholegrain mustard - potato

Or pick a veg box and you'll get:



HALLOUMI SKEWERS AND PEAR TABOULEH



Halloumi - barahat - brown rice - fresh parsley - fresh mint - lemon - pear - puy lentils - bamboo skewers

PORTOBELLO MUSHROOM BURGER AND GREEN SALAD



Portobello mushrooms - shallot - garlic tomato - capers - fresh basil - little gem black olives - Italian ciabatta - fresh mozzarella

For more information, please visit: www.gousto.co.uk/bbq

Offer must be redeemed by 17/10/2014. Redemption details sent via email post purchase. Box cannot be delivered to the following UK postcodes or the Isle of Man: AB37&38, AB41-AB56, BT, FK19-FK21, IV1-IV28, IV30-IV37, IV40, IV52-54, IV63, KW1-KW14, PA21-PA40, PH15-PH26, PH30-PH41, PH49&50, PO30-PO41. For further delivery info, please see www.gousto.co.uk/learn-more